

WHAT IS CLAIMED:

1. An assembly for removably receiving and supporting a flashlight comprising:  
a mounting channel having a first side, a second side and a raised central portion between said first and second sides, said raised central portion capable of receiving a flashlight;  
at least one mounting bracket connected to said mounting channel; and  
means for attaching said mounting bracket to a mounting surface.
2. The assembly of claim 1, wherein said at least one mounting bracket is two mounting brackets connected to said first and second sides of said mounting channel.
3. The assembly of claim 1, said means for attaching said mounting bracket to a mounting surface further comprising:  
holes in said mounting bracket; and  
fasteners installed through said holes.
4. The assembly of claim 1, said means for attaching said mounting bracket to a mounting surface further comprising:  
an adhesive material applied to a rear surface of said mounting bracket.

5. The assembly of claim 1, said means for attaching said mounting bracket to a mounting surface further comprising:

a magnet attached to a rear surface of said mounting bracket.

6. The assembly of claim 1, wherein said mounting bracket includes a receiving slot, one end of said mounting channel pivotably installed into said receiving slot.

7. The assembly of claim 2, wherein said mounting bracket includes a receiving slot, one end of said mounting channel pivotably installed into said receiving slot.

8. The assembly of claim 6, wherein said means for attaching said mount bracket includes a strap.

9. The assembly of claim 1, said flashlight further comprising:

a flashlight having a housing, said housing having a front side and a rear side, wherein the light output from said flashlight is directed from said front side of said housing; and

a clip having a first end and a second end opposite said first end, said first end attached to said rear side of said housing, said second end slideably received in said raised central portion.

10. In combination, a flashlight and an assembly for mounting a flashlight comprising:

a flashlight including:

a housing, said housing having a front side and a rear side, the light output from said flashlight emanating from said front side of said housing,

a clip, said clip having a first end and a second end opposite said first end, said first end attached to said rear side of said housing; and

a mounting assembly including:

a mounting channel having a first side, a second side and a raised central portion between said first and second sides,

at least one mounting bracket connected to said mounting channel,

means for attaching said mounting bracket to a mounting surface;

said flashlight being attached to said mounting assembly wherein said second end of said clip is slideably received in said central portion of said mounting channel.

11. The combination of claim 10, wherein said at least one mounting bracket is two mounting brackets connected to said first and second sides of said mounting channel.

12. The combination of claim 10, said means for attaching said mounting bracket to a mounting surface further comprising:

holes in said mounting bracket; and  
fasteners installed through said holes.

13. The assembly of claim 10, said means for attaching said mounting bracket to a mounting surface further comprising:

an adhesive material applied to a rear surface of said mounting bracket.

14. The assembly of claim 10, said means for attaching said mounting bracket to a mounting surface further comprising:

a magnet attached to a rear surface of said mounting bracket.

15. The assembly of claim 10, wherein said mounting bracket includes a receiving slot, one end of said mounting channel pivotably installed into said receiving slot.

16. The assembly of claim 11, wherein said mounting bracket includes a receiving slot, one end of said mounting channel pivotably installed into said receiving slot.

17. The assembly of claim 15, wherein said means for attaching said mounting bracket includes a strap.

18. The assembly of claim 17, wherein said strap has a length that is adjustable, said strap being configured to be worn the head of a user.